

Communication Passport

Name: _____ Date: _____

One page for any adult who is not you. Short sentences. Update when something changes.

How I communicate

My name: _____ I like to be called: _____

I say yes by: _____

I say no by: _____

When I do not understand, I: _____

Please wait this long after you ask me something: _____

Words / sounds / touch I cannot bear: _____

What helps me calm down: _____

If I run, hide or freeze, please: _____

Who to call: _____

Please do / please don't

Write here

Speak in short sentences and wait

☐

Show me as well as tell me

☐

Let me use my card / device / gesture

☐

Do not hold my hands still or force eye contact

☐

Do not surprise me with a loud noise or a sudden change

☐

Anything else a new adult should know today:

How to use this

Fill it in with your child if they can. Their wording is better than yours for “what to do when I am stuck”.

Print two copies: one in the school bag, one on the fridge at home so grandparents see the same page.

Keep sentences short. A stranger will read this in thirty seconds, not in a meeting.

Update after a change — a new device, a new fear, a new sign.

