

About My Child – One-Pager for a New Teacher

Name: _____ Date: _____

One page. Fill the lines. Hand it to the class teacher in the first week. Update when something changes.

This child
Name: _____ Class: _____ Date: _____
What they love / are good at: _____
How they usually tell you they are stuck: _____
What already helps (seating, instructions, breaks): _____
What makes the day harder (noise, copying, surprises): _____
Allergies / medicine / hearing / glasses: _____
Who to call during school hours: _____

Please try for ten school days	Write here
Seat them facing the teacher, away from the door	☐
Give instructions one at a time, written or pictured	☐
Let them write answers only, not copy the whole question	☐
Give a two-minute warning before a change of activity	☐
A quiet two minutes to land after break before the next lesson	☐

Anything else the teacher should know this term:



How to use this

Print one page. Fill it in with your child if they are old enough — they often know the “what helps” column better than you do.

Keep it to one page. A file of reports does not get read in the first week. This does.

Hand it over with the letter to school, not instead of it. The letter asks for a two-week trial; this page is the picture.

Update it when something changes — a new fear, a new way of asking, a medicine, a hearing aid.

